

## Report of Ek Bharat Shreshtha Bharat (EBSB)

### IGNOU RC Chandigarh

To celebrate the Ek Bharat Shreshtha Bharat (EBSB) under Azadi ka Amrit Mahotsav, RC Chandigarh along with RC Vatakara had organized the following activities on 4<sup>th</sup> March, 2022 and 8<sup>th</sup> March, 2022 as per schedule given below:

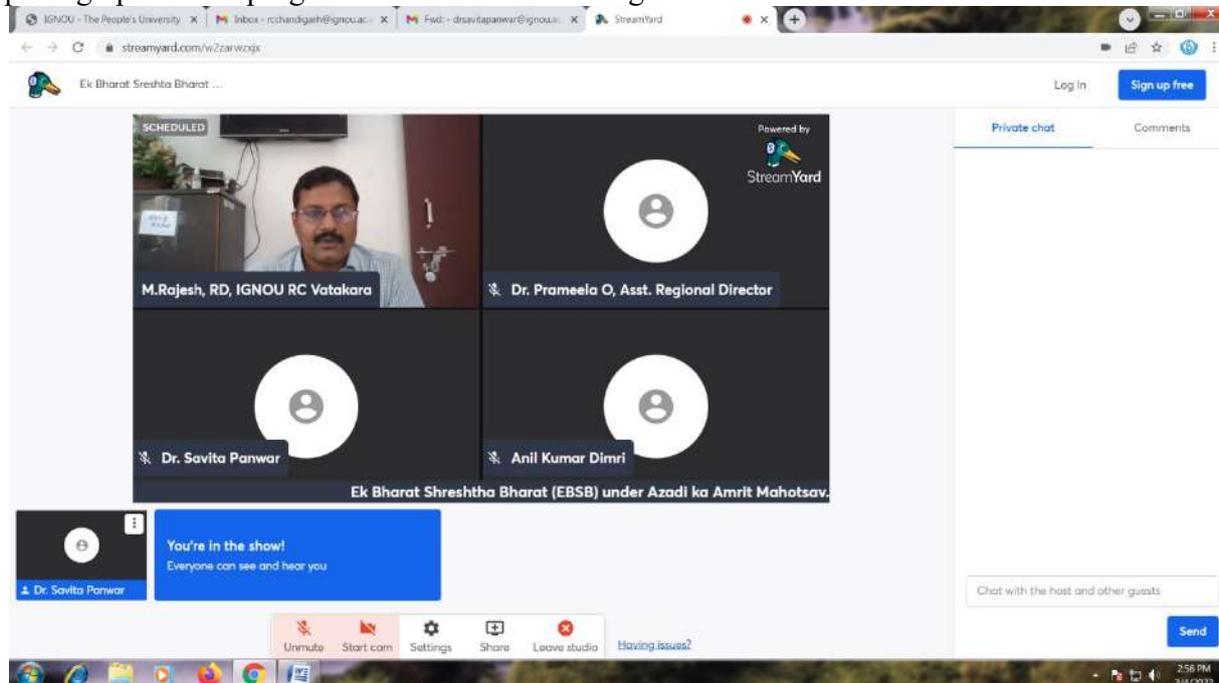
#### Activities conducted on 4<sup>th</sup> March, 2022:

Date of the programme	Link for learners/students to view the programme on YouTube	Joining Time
4 <sup>th</sup> March 2022	<a href="https://youtu.be/F2QHNPOG0pk">https://youtu.be/F2QHNPOG0pk</a>	2.50 PM

The schedule for the programme was as follows:

Date of event	Title of the event	Resource Person(s)	Time Duration
4 <sup>th</sup> March 2022	Recorded display of Kalaripayattu- the Martial art of Malabar	Mr. Mithun and team	3.00pm- 3.55pm
4 <sup>th</sup> March 2022	Recorded display of traditional dance forms of Malabar/Kerala- Kathakali and Mohiniattam	Team from Kaladeepam	4.00pm- 5.00pm

More than 100 learners of both the regions actively participated in the above programme. Some photographs of the programme of 04.03.2022 are given below:.



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Ek Bharat Sreshtha Bharat ...

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M.Rajesh, RD, IGNOU RC Vat...  
Dr. Prameela O, Asst. Regi...  
Anil Kumar Dimri  
Dr. Savita Panwar

Ek Bharat Shreshtha Bharat (EBSB) under Azadi ka Amrit Mahotsav. Collaborating

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Dr. Savita Panwar

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Dr. Prameela O, Asst. Regional Director  
Dr. Savita Panwar  
Anil Kumar Dimri

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3. Anil Kumar Dixit

4. Dr. Savita Panwar

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LIVE 22:03

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श्रेष्ठ भारत एक भारत श्रेष्ठ भारत

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LIVE 23:24

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Dr. Prameela O. Asst. Regi...  
Aad Kumar Dixit  
Dr. Savita Panwar



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LIVE 24:52

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Dr. Prameela O. Asst. Regi...  
Aad Kumar Dixit  
Dr. Savita Panwar



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LIVE 26:28

M. Rajesh, RD, IGNOU BC V... | Dr. Purnima O. Asst. Regi... | Anil Kumar Dixit | Dr. Savita Panwar



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LIVE 27:07

M. Rajesh, RD, IGNOU BC V... | Dr. Purnima O. Asst. Regi... | Anil Kumar Dixit | Dr. Savita Panwar



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LIVE 32:26

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1. Dr. Prameela O. Asst. Regi...  
2. Anil Kumar Dimri  
3. Dr. Savita Panwar

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LIVE 45:43

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Dr. Savita Panwar | Anil Kumar Dimri

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LIVE 51:50

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Dr. Purnima O. Asst. Regi...

Dr. Anil Kumar Dixit

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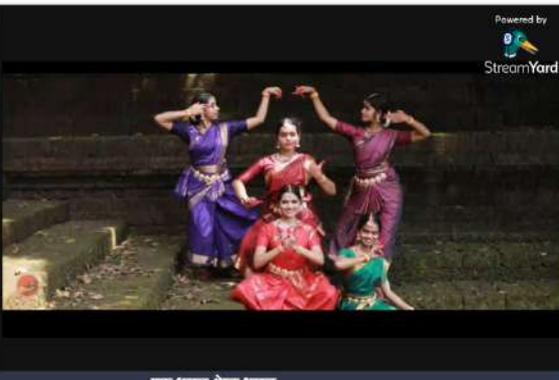
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Dr. Purnima O. Asst. Regi...

Dr. Anil Kumar Dixit

Dr. Savita Panwar

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3:59 PM 3/4/2022



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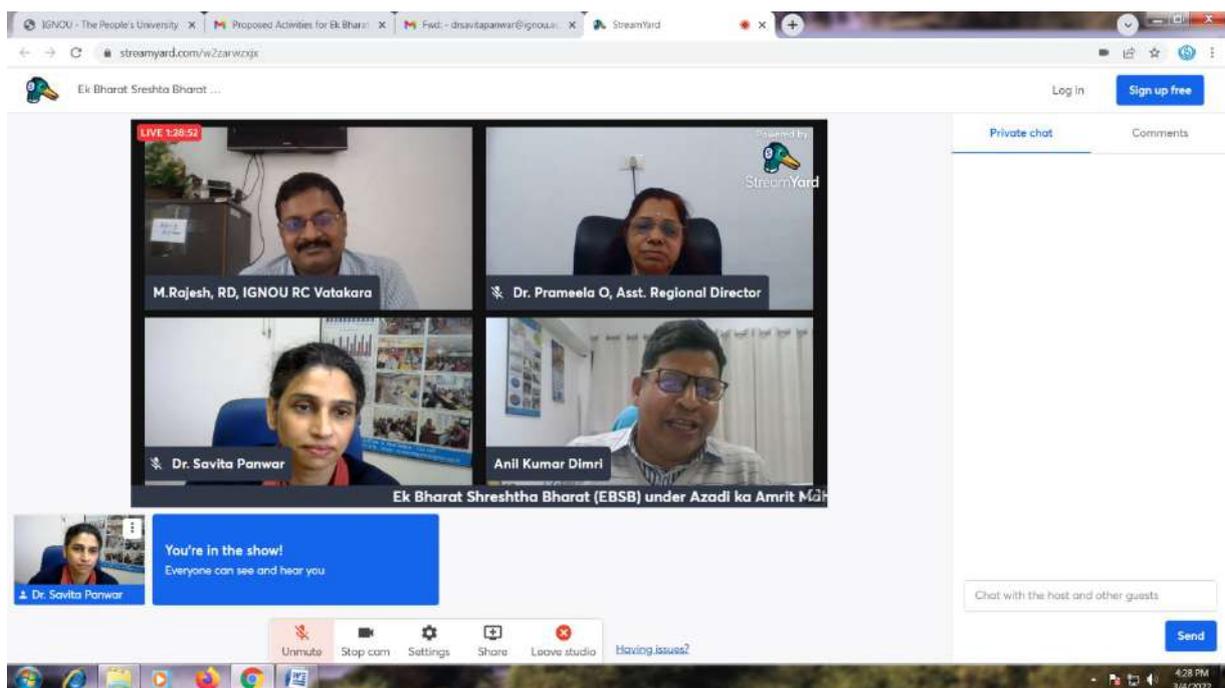
Dr. Savita Panwar

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### Activities conducted on 8<sup>th</sup> March, 2022::

Date of the programme	Link for learners/students to view the programme on YouTube	Joining Time
8 <sup>th</sup> March 2022	<a href="https://youtu.be/avU3qbBwgq4">https://youtu.be/avU3qbBwgq4</a>	2.50pm

### Schedule of activities (PDF attached):

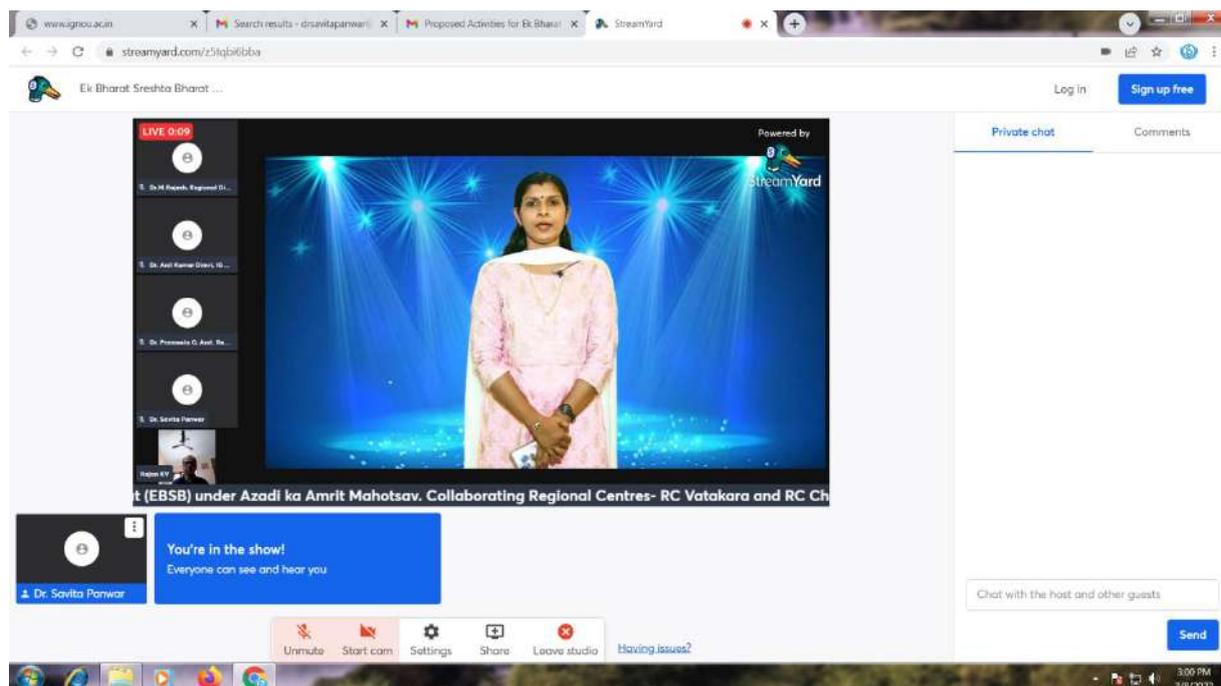
Date of event	Title of the event	Resource Person(s)	Time Duration
8 <sup>th</sup> March 2022	A virtual visit to Sargalaya, Kerala Arts and Crafts Village, Iringal -one of the best in Asia	IGNOU RC Vatakara Team	3.00pm- 4.00pm
8 <sup>th</sup> March 2022	Recorded display of the preparation of exquisite Kerala Cuisine- Banana Chips	Mrs. Stella Nandu and Team	4.00pm-5.00pm

### Detailed Programme Schedule for Ek Bharat Shreshtha Bharat programme on 8<sup>th</sup> March 2022:

Time	Event	Resource Person
3.00 Pm to 3.05 PM	Prayer	Ms. Neethu, IGNOU Regional Centre Vatakara
3.06Pm to 3.09 PM	Welcome Address	Dr. M.Rajesh, RD IGNOU RC Vatakara
3.10Pm to 3.14PM	Special Address	Dr. Anil K. Dimri, Sr. RD, IGNOU RC Chandigarh
3.15pm to 3.35PM	Interaction with Padmashree Awardee Smt. Meenakshamma	Interviewer, Dr. Prameela.O, ARD, IGNOU RC Vatakara

3.36pm to 4.00pm	An exposition on Kalaripayattu	Sh.Rajan KV
4.01pm-4.05pm	An Introduction to Iringal Craft Village	Dr. Praveen Kumara, AR, IGNOU RC Vatakara
4.06 pm to 4.20pm	A virtual Tour to Sargaalaya, Iringal Craft Village, Vatakara	
4.21pm-4.40pm	Kerala Cuisine- Preparation of Banana Chips	Ms. Stella Nandu and Team
4.41pm- 4.45pm	Vote of thanks	Dr.Prameela.O, ARD

More than 100 learners of both the regions actively participated in the above programme. Some photographs of the programme of 08.03.2022 are given below:



LIVE 7:36

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Dr. Anil Kumar Dimri, IGNOU Chandigarh

Dr. Prameela O, Asst. Regional Director

Dr. Praveen Kumara, B, AR

Rajan KV

Dr. Savita Panwar

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Ek Bharat Sreshtha Bharat (EBSB) under Azadi ka Amrit Mahotsav

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Top chat

Deepika Chithara · Good afternoon 🙏

vijayalakshmi m · vijayalakshmi good afternoon everyone

Monica Singh · Prof Monica Singh Social Work, Study Centre, Panjab University Chandigarh

Muhsina Ashkar · Muhsina Mcom

Sonia Lover · Sonia mawc 1st year

Gursimran Michra · good afternoon everyone I m gursimran kaar from Ma Education 1 year student

Vidhi Arora · good afternoon everyone I am Vidhi Arora MSW-C 2nd year 194317268

Bela Chandel · good afternoon all of you chameli from bed 1st year

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0/200

HIDE CHAT

Ek Bharat Sreshtha Bharat

Ek Bharat Sreshtha Bharat

Ek Bharat Sreshtha Bharat Programme jointly conducted by IGNOU RC Vatakara and IGNOU RC Chandigarh

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IGNOU Regional Centre Vatakara

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LIVE 14:02

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Dr. Prameela O, Asst. Regional Director

Dr. Praveen Kumara. B, AR

Rajan KV

Dr. Savita Panwar

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LIVE 21:25

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Dr.M.Rajesh, Regional ...

Dr. Anil Kumar Dimri, L...

Dr. Prameela O, Asst. Regl...

Dr. Savita Panwar

Rajan KV

Dr. Praveen Kumara. B, ...

र Azadi ka Amrit Mahotsav. Collaborating Regional Centres- RC Vatakara and RC Chandigarh

LIVE 24:46

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Dr. M. Rajesh, Regional ...

Dr. Anil Kumar Dimri, L...

Dr. Prameela O, Asst. Regl...

Dr. Savita Panwar

Rajan KV

Dr. Praveen Kumara, B, ...

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av. Collaborating Region

LIVE 34:33

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Dr. M. Rajesh, Regional ...

Dr. Anil Kumar Dimri, L...

Dr. Prameela O, Asst. Regl...

Dr. Savita Panwar

Rajan KV

Dr. Praveen Kumara, B, ...

Ek Bharat Shreshtha Bharat (EBSB) under Azadi ka Amrit Mahotsav. Collab

LIVE 37:21

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 Dr.M.Rajesh, Regional Director, IGNOU R...	 Dr. Anil Kumar Dimri, IGNOU Chandigarh	 Dr. Prameela O, Asst. Regional Director
 Dr. Praveen Kumara. B, AR	 Rajan KV	 Dr. Savita Panwar

zadi ka Amrit Mahotsav. Collaborating Regional Centres- RC Vatakara and RC Chandigarh

LIVE 1:02:43

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त श्रेष्ठ भारत

एक भारत श्रेष्ठ भारत

LIVE 1:03:28

Dr. M. Rajesh, Regional ...

Dr. Anil Kumar Dimri, L...

Dr. Prameela O. Asst. R...

Dr. Savita Panwar

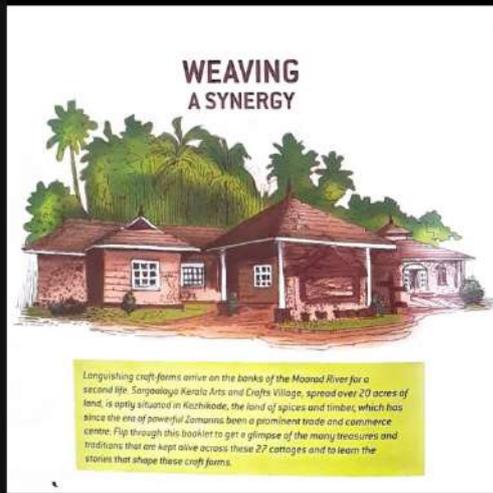
Rajan KV

Dr. Praveen Kumara. B. ...

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**TRADITION, TREASURED**

All Sangalaya's traditional and culture continue under the big tent in the corner of the pavilion garden. Shells of bright, hand-knitted, woven baskets made to them across 27 cottages, a part of the rich and vibrant life of the river banks. But also, the hand-knitted baskets of Kozhikode, Sangalaya will keep the flame of craft alive in a vibrant, sustainably planned and brightly lit these river's streams.

**HERITAGE, UPCYCLED**

Sangalaya is an area for displaying traditions. Especially, it's a place where they pick up objects from the surroundings and transform them into things of beauty. At Sangalaya, wooden trunks, sea shells, palm leaves and orange grass, all get a second life. Skilled craftsmen, who have inherited the art of their hands, craft, wood, metal and bamboo to bring the materials and a splash of a journey from water to wonderful.



एक भारत श्रेष्ठ भारत

LIVE 1:07:52

Dr. M. Rajesh, Regional ...

Dr. Anil Kumar Dimri, L...

Dr. Prameela O. Asst. R...

Dr. Savita Panwar

Rajan KV

Dr. Praveen Kumara. B. ...

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एक भारत श्रेष्ठ भारत

LIVE 1:10:28

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Dr. M. Rajesh, Regional ...

Dr. Anil Kumar Dimri, L...

Dr. Prameela O, Asst. R...

Dr. Savita Panwar

Rajan KV

Dr. Praveen Kumara, B, ...

भारत एक भारत श्रेष्ठ भारत

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Dr. M. Rajesh, Regional ...

Dr. Anil Kumar Dimri, L...

Dr. Prameela O, Asst. R...

Dr. Savita Panwar

Rajan KV

Dr. Praveen Kumara, B, ...

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- Gurdev Singh Gurdev Singh MAPC IInd year.
- manita sharma good afternoon everyone
- Ammukutty Kp Demonstration by Padmasree Gurukkal excellent
- Kavita Chitkara [message retracted]
- Sandeep Kaur Sandeep Kaur 2006040426 Msw 2nd year
- Kavita Chitkara hello everyone.kavita malik from RC Chandigarh /Mapc 2nd year
- Ammukutty Kp I think we should mention the legacy of Kalarippayattu which is seen in the game Volley ball Kadathanad is well known for Volleyball& produced well known players
- Strings News [message retracted]
- Monika Sharma Monika 2006265490 MAPC 2nd year
- Vijay Sharma good afternoon

Say something...

18 DISLIKE SHARE CLIP SAVE

IGNOU Regional Centre Vatakara

4:13 PM 3/8/2022

LIVE 1:19:46

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Dr. Anil Kumar Dimri, IGNOU Chandigarh

Dr. Prameela O, Asst. Regional Director

Dr. Praveen Kumara, B, AR

Dr. Savita Panwar

एक भारत श्रेष्ठ भारत

LIVE 1:24:47

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Dr. Prameela O, Asst. Re...

Dr. Savita Panwar

Dr. Praveen Kumara, B, AR

एक भारत श्रेष्ठ भारत

एक भारत श्रेष्ठ भारत

LIVE 1:27:00

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Dr. M. Rajesh, Regional Di...

Dr. Anil Kumar Dimri, IG...

Dr. Prameela O, Asst. Re...

Dr. Savita Panwar

Dr. Praveen Kumara, B, AR

एक भारत श्रेष्ठ भारत

एक भारत श्रेष्ठ भारत

LIVE 1:29:32

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Dr. M. Rajesh, Regional Di...

Dr. Anil Kumar Dimri, IG...

Dr. Prameela O, Asst. Re...

Dr. Savita Panwar

Dr. Praveen Kumara, B, AR

रत एक भारत श्रेष्ठ भारत

This image shows a live-streamed cooking demonstration. On the left, a vertical sidebar lists five participants: Dr. M. Rajesh, Regional Di...; Dr. Anil Kumar Dimri, IG...; Dr. Prameela O, Asst. Re...; Dr. Savita Panwar; and Dr. Praveen Kumara, B, AR. The main video area shows a top-down view of a black frying pan on a silver gas stove. The pan is filled with numerous thin, circular slices of a yellow vegetable, likely potatoes, which are being cooked. The stove is set on a wooden surface. In the top right corner, there is a 'Powered by StreamYard' logo. At the bottom of the frame, the text 'रत एक भारत श्रेष्ठ भारत' is displayed in white on a dark background.

LIVE 1:31:02

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Dr. M. Rajesh, Regional Di...

Dr. Anil Kumar Dimri, IG...

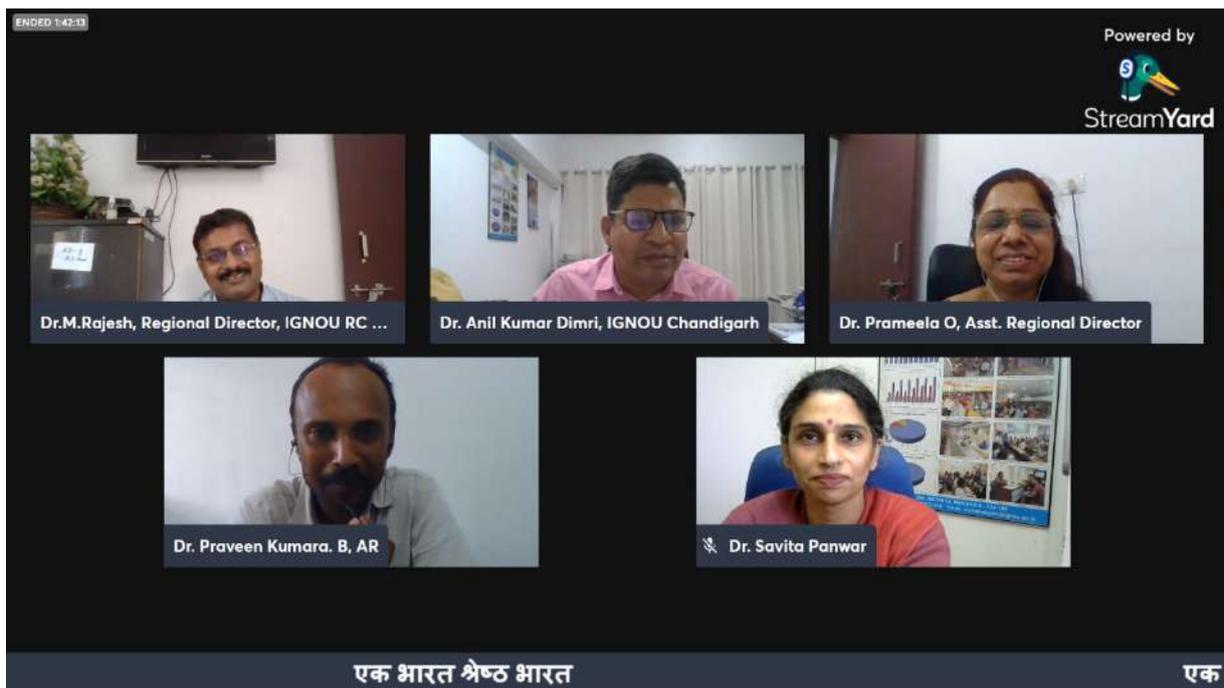
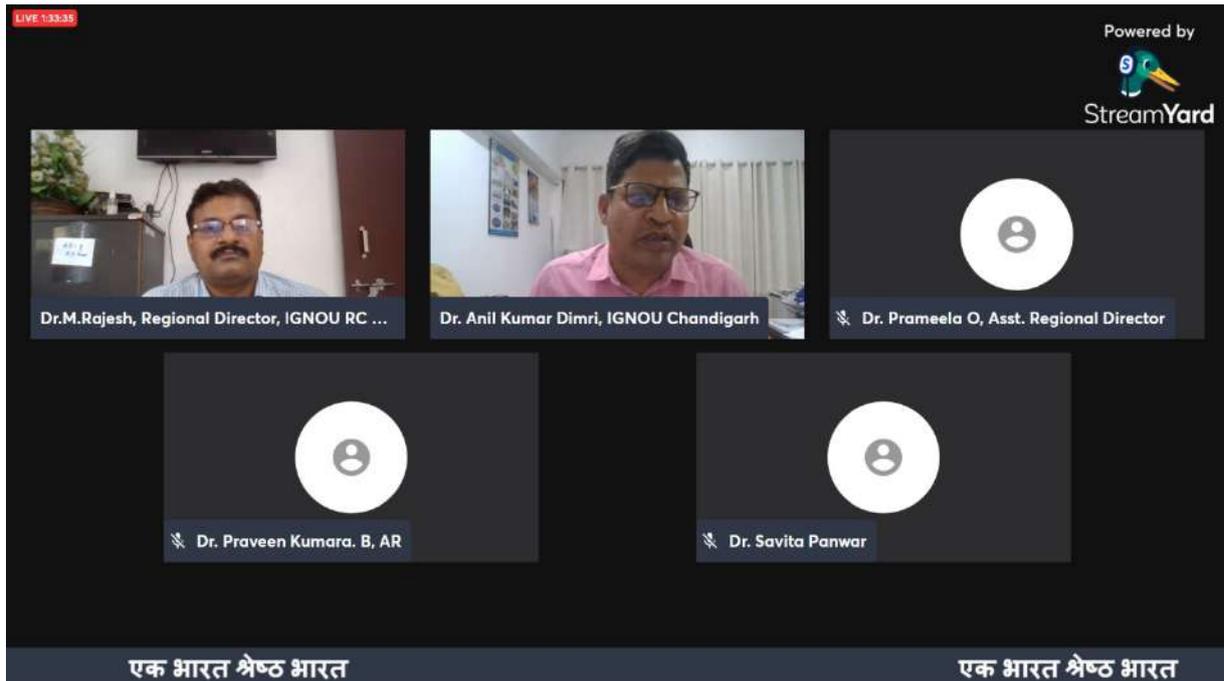
Dr. Prameela O, Asst. Re...

Dr. Savita Panwar

Dr. Praveen Kumara, B, AR

एक भारत श्रेष्ठ भारत

This image shows a continuation of the live-streamed cooking demonstration. The sidebar on the left remains the same, listing the five participants. The main video area now shows a top-down view of a white ceramic plate with a scalloped edge, filled with the same sliced yellow vegetable. To the right of the plate, a black frying pan is visible, also containing some of the sliced vegetable. The background is dark, and the lighting is focused on the plate and pan. The 'Powered by StreamYard' logo is in the top right corner. At the bottom of the frame, the text 'एक भारत श्रेष्ठ भारत' is displayed in white on a dark background.



All the schedule activities were successfully conducted on time. The learners of both the regions actively participated and interacted during the programme.

**Dr. Anil K. Dimri**  
**Sr. Regional Director**  
**IGNOU RC Chandigarh.**